An Attitude of Gratitude

A cornucopia or 'horn of plenty' is usually seen with fruits, vegetables, and ears of grain overflowing. It is a symbol of abundance or having more than enough, as during the first Thanksgiving feast that the Pilgrims and Native Americans shared together. They had an overflow of crops and gave thanks for their great harvest and newfound friends.

In November, as it gets closer to Thanksgiving, we also stop and give thanks. Each of us may not have an abundance of possessions, but there are many things in our lives that we can be thankful for. Share with us what you are thankful for by writing or “collaging” at least 10 people, places, or things for which you are grateful. It would be best if you could choose items and then put them in poetic phrases for inside your cornucopia.

May you enjoy this time expressing your attitude of gratitude: 'I Am Thankful!'