

1.Goals

- a. familiarity with the La Salle's greatest non-personnel asset
- b. practical exercise in focused meditation
 - i. not religious, but aesthetic
 - (1) only Western religions make such a distinction
 - (2) processes are quite similar
- c. meditate and savor and learn about one work
 - i. use local resources
- d. complete and share viewing guide

2.Process

- a.introductions
 - i. Br Joe and Dr Vendelin
- b. choose partner(s)
- c. browse entire gallery
- d. focus upon ONE painting or sculpture
 - i. work individually or in pairs
 - ii. no repeats from previous courses
 - iii. study the painting by viewing guide
 - (1) focus on relax and enjoy
 - iv. no restriction to religious themes / subjects
 - (1) All beauty is sacred.@

3.Coaching

- a.share "your" artwork with a separate team
 - i. review orally your teams viewing guide
 - ii. converse to improve both your
 - (1) perceptions and the
 - (2) expression of these perceptions
- b. thank your partner and your buddies
- c. submit viewing guides to teacher