1. Goals
   a. familiarity with the La Salle's greatest non-personnel asset
   b. practical exercise in focused meditation
      i. not religious, but aesthetic
         (1) only Western religions make such a distinction
         (2) processes are quite similar
   c. meditate and savor and learn about one work
      i. use local resources
   d. complete and share viewing guide

2. Process
   a. introductions
      i. Br Joe and Dr Vendelin
   b. choose partner(s)
   c. browse entire gallery
   d. focus upon ONE painting or sculpture
      i. work individually or in pairs
      ii. no repeats from previous courses
      iii. study the painting by viewing guide
         (1) focus on relax and enjoy
      iv. no restriction to religious themes / subjects
         (1) All beauty is sacred.

3. Coaching
   a. share "your" artwork with a separate team
      i. review orally your teams viewing guide
      ii. converse to improve both your
         (1) perceptions and the
         (2) expression of these perceptions
   b. thank your partner and your buddies
   c. submit viewing guides to teacher