Welcome Back Faculty Luncheon, September 1, in the Music Room
“I Need More Time!” Learn how to create a time management system that works for you, deal with procrastination, plan ahead, organize yourself better, and balance the many demands on your time.

- Wednesday, Sept. 8, 4:30, College Hall 206
- Thursday, Sept. 9, 12:30, College Hall 206

“There’s Too Much to Read!” Learn active reading strategies that will help you learn more effectively by reading different types of texts differently.

- Tuesday, Sept. 21, 5:30, Connelly Library 212
- Wednesday, Sept. 22, 1:00, Olney Hall 209

**Studying for Science and Math Success:** Learn proven study strategies that will help you master the challenges of science and problem-solving classes (Math, Accounting, Chemistry, Biology, Physics, etc.).

- Wednesday, Sept. 29, 4:30, Holroyd 257

“What’s My Learning Style?” Examine how you learn and how to study more actively (and more successfully) for the variety of courses you are taking.

- Tuesday, Oct. 5, 5:30, Connelly Library 212

Writing under Pressure (or Procrastinating Wisely): If you are a procrastinator, learn how to turn a negative into a positive. Explore reasons for writing procrastination, learn strategies for how to procrastinate wisely, and get tips for how to write well under a time constraint (like writing in-class essays on a test).

Presented by the Sheekey Writing Center.

- Tuesday, Oct. 12, 12:30, Olney Hall 209

“I Got What on My Midterm?!”: It’s never too late. Make a new game plan for success in the second half of the semester by reconsidering your time management, reading, and study strategies.

- Tuesday, Oct. 26, 5:30, Connelly Library 212
- Wednesday, Oct. 27, 1:00, Olney Hall 209

Get Ready for Finals!: Learn specific tips and strategies that will help you prepare for finals “crunch time” and create a game plan that will improve your studying, time management, and test-taking.

- Tuesday, Nov. 30, 12:30, College Hall 206
- Wednesday, Dec. 1, 5:30, Olney Hall 209

For online workshops, handouts, and more information on Academic and Learning Support, visit us at www.lasalle.edu/portal/learningsupport.
REVISED 2010
POLICY STATEMENT FOR FACULTY AND STAFF
ON ALCOHOL AND DRUG USE, POSSESSION AND DISTRIBUTION

La Salle University considers the abuse of alcohol or other drugs as a health care problem and treats it as such. The term abuse as used in this policy shall refer to the consumption of alcohol or any illicit substance while at work or at any other time so as to impair an employee’s ability to perform the duties and responsibilities of his/her job description. Consumption of any controlled substances prescribed by a licensed physician is subject to the directives of that physician governing its use.

As the University values the contribution of each of its employees and recognizes the risks that alcohol abuse, alcoholism and other forms of chemical dependency pose to the individual employee as well as the University at large, support for the individual employee’s assessment/treatment needs is a top priority. Acknowledging that alcoholism and other forms of chemical dependency are recognized health care problems results in a University position that employees so impaired are in need of assistance and/or treatment in order to preclude the progression of their illness and likely deterioration of job performance so as to jeopardize their University employment. Employees in need of assessment and or treatment for problems associated with alcohol and or other drug use are encouraged to seek such help from their Primary Care Provider. In addition, links to websites with detailed information regarding health risks associated with alcohol and other drug use, self-help assessment tools, policy statements and referral information are available for all faculty and staff through the website of the University’s Alcohol and Other Drugs Education Center at www.lasalle.edu/students/dean/health/ccenter/AODP.

La Salle is required by law to inform you of the sanctions which may be imposed on you if you violate federal, state and local laws regarding the unlawful possession, use or distribution of illicit drugs or alcohol. The following are examples of illegal activity and the applicable legal sanction.

A. Alcohol:
Under Pennsylvania law, a person who is under twenty-one (21) years of age commits a summary offense if he/she attempts to or actually purchases, consumes, possesses, or transports alcohol. The police department must notify the parents of a minor charged with violating this law. If convicted of this offense, the minor’s driver license will be suspended. A second offense will yield a fine up to $500.

In addition, any person who intentionally provides alcohol to a minor will be convicted of a misdemeanor of the third degree, for which the fine will be at least $1,000 for the first offense, and $2,500 for subsequent violations.

B. Drugs:
There are both federal and state laws which proscribe the possession, use and distribution of illegal drugs. The sanctions for offending these laws consist, in many cases, of mandatory imprisonment, coupled with substantial fines. The sanctions for any given offense vary widely, depending on the nature of the offense, the type of drug involved, and the quantity of the drug involved.

For instance, under federal law, simple possession of a controlled substance carries with it a penalty of imprisonment of no more than one (1) year, plus a fine of an amount between $1,000 and $5,000. If the controlled substance contains a cocaine base and the amount exceeds five (5) grams, the offender will be imprisoned for not less than five (5) years and not more than twenty (20) years, or fined, or both.

Also under Federal law, anyone who is at least eighteen (18) years old and who distributes drugs to anyone under age twenty-one (21) will be imprisoned and/or fined up to twice what is otherwise provided by law, with a minimum prison sentence of one (1) year. Pennsylvania has laws prohibiting the use, possession and distribution of drugs which are similarly strict. In addition to imposing fines and/or prison terms for violations of its drug laws, Pennsylvania recently enacted a forfeiture statute. Under this statute, when the state arrests someone for violating its laws concerning the use, possession or distribution of drugs, the state will seize, and that person will forfeit, all of his/her property which was used to accomplish the violation of Pennsylvania's anti-drug laws -- including the automobile.

(Continued on the next page)
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ALCOHOL AND DRUG USE AND POSSESSION
The possession, consumption, or "being under the influence of" intoxicating beverages or drugs during working hours, on University property, or at University sponsored activities is strictly prohibited except for the moderate consumption of alcoholic beverages at official programs conducted by the University if the employee is over twenty-one (21) years of age. An employee reasonably suspected of being under the influence or found to be using alcohol or drugs during working hours, on University property, or at University sponsored events except as stated above may be required to consent to any scientifically approved test for the presence of alcohol or drugs in the body, and if they refuse will be disciplined or discharged for insubordination.

An employee found to possess, use, or be under the influence of alcohol or drugs will normally be warned for a first offense, rather than dismissed. As part of the formal warning, the University reserves the right to refer the employee to seek treatment into any one of the following programs: drug and alcohol awareness, counseling or rehabilitation. The employee will not be eligible to reenter employment until he/she supplies the appropriate certification of completion of the program. A second incident involving drugs, alcohol use or possession will normally result in dismissal.

DISTRIBUTION OF ALCOHOL AND DRUGS
No person less than twenty-one (21) years of age shall attempt to purchase, consume, possess, or transport any alcohol, liquor, or malt or brewed beverages during working hours, on University property, or at any University sponsored event. No University employee shall transfer a registration card or other form of identification for the purpose of falsifying age to secure any alcohol, liquor or malt or brewed beverages. Nor shall any individual sell, furnish or give any alcohol, liquor, or malt or brewed beverages to be sold, furnished or given to any person under twenty-one (21) years of age.

No University employee shall attempt to distribute, sell, or furnish illicit drugs to any individual during working hours, on University property, or at any University sponsored event.

Any employee who violates this prohibition of the distribution of alcohol and/or drugs will normally be immediately discharged from employment with the University and may be referred for criminal prosecution.

CRIMINAL DRUG CONVICTIONS
The University is required under federal law (Drug-Free Workplace Act of 1988) to ensure a workplace free from the illegal use, possession, distribution, dispensing, or use of all controlled substances in the workplace. As a condition of employment, all employees must abide by the terms of this Drug-Free policy and are required to notify the University of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) days after such conviction. Furthermore, the University is required to notify all agencies issuing federal grants to the University within ten (10) days after receiving notice of conviction from the employee or other forms of actual notice of such conviction. The University is then required to take one of the following actions within thirty (30) days of receiving notice of an employee's conviction:

1) Formally warn, suspend or terminate the employee; or
2) Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a Federal, State, or local health, law enforcement, or other appropriate agency.

It is the discretion of the University as to what action will be taken.
Dear Colleagues:

I will be conducting **How To Identify and Prevent Sexual Harassment** one-hour sessions. They will be held on **Wed. Sept. 8, 1 p.m., Union312; Thurs., Sept. 16, 12:30 p.m., Union 310; Tues., Sept. 21, 1:00 p.m., Union 310; and Tues., Sept. 28, 1:00 p.m. in Union 310.**

**In this workshop you will learn:**

- What is and what isn’t sexual harassment
- How to prevent sexual harassment from occurring
- What your responsibility is if you suspect sexual harassment has occurred
- The process and procedure on how to report sexual harassment in the La Salle University Community

**These topics will be presented by the following methods:**

- Video tape modeling
- Lecture
- Discussion
- Case Studies

The presenter will be Paul Roden, Training Manager, Human Resources. Please register via e-mail to Paul Roden Training Manager, at rodenglass@lassalle.edu or by calling extension 3607.
September Training Tip

There are few, if any, jobs in which ability alone is sufficient. Needed, also, are loyalty, sincerity, enthusiasm, and team play."
—William B. Given, Jr.

A message about training and life-long learning from the Human Resources Department

Did you know...?

SECURITY AND SAFETY moved to the Good Shepherd Hall on the corner of Chew Ave. and Wister St. in the Shoppes at La Salle?
Featured Photos

Blackboard Training in Olney 101

Zipcars for rent outside Safety and Security headquarters

Farewell Reception for Madeleine Viljoen in the atrium of Holroyd

Activities Fair on the Union Patio and the walkway outside of Olney Hall
Medicinal Manipulation of the Mind and Body—Are We Cheating?

Group facilitated by Dr. Price’s HON 365 class, Brave New World: Ethical Issues in Modern Science

Special opening remarks by President Brother Michael McGinniss

Wednesday, September 8, 3:00 p.m. Holroyd Lobby (Free Food)

Major advances in science have enabled us to effectively treat what were formerly considered devastating, incurable diseases. But have these advancements also opened the door to over-dependency and outright abuse of medicine? As a society increasingly focused on “pathologies” and heavily reliant on medicinal "treatment", where is the line between therapy and enhancement?

Don’t miss the first Explorer Café of the year. Cafés are open to all.

Questions or comments?

Contact Julianna Gwiszcz (gwiszczj1@lasalle.edu)
Dear Faculty and Staff,

Are you wondering what our University is doing to combat rising health care costs? Read below:

The consortium through which we purchase our Health Care is sponsoring a pilot program this fall to address the medical issue called “Metabolic Syndrome.” Metabolic Syndrome is a condition which affects up to 45% of all adults and is marked by individuals with 3 or more of the following indicators:

- Blood Pressure- 130/85 mm Hg or higher
- Fasting Triglycerides- 150 mg/dl or greater
- Fasting Blood Glucose- 100 mg/dl or greater
- Fasting HDL Cholesterol- below 40
- Waist Circumference- Men above 40” and Women above 35”

Studies have shown that people with 3 of these 5 markers have a 750% chance of a catastrophic health incident within 18 months than those without.

Our University is working with a group called Trajectory Health to help people with Metabolic Syndrome reduce their levels in each of those categories.

If you are on the University’s Health Care plan and are interested in this program, please click go to this URL: www.hlcsignup.com/PAISIG.

The survey takes less than 5 minutes. It will ask you for information on your 5 Metabolic Syndrome markers. If you don’t have this info, you can still apply. Or you can call your doctor’s office and ask them for it from your last physical.

If you are one of the 125 people accepted into this program, you will be granted access to an on-line 10 week program that will work with you to help you reduce the levels in your 5 Metabolic Syndrome markers. This entire program will be at no cost to you.

We are very excited about this program and strongly encourage any of you on the Health Insurance plan at the University to go online and apply for consideration.

Please let me know if you have any questions about this program.

Thank you.

Dr. Margurete Walsh
Director of Human Resources
The Master’s Program in Professional and Business Communication is seeking On-Campus or Off-Campus Organizations for FREE Communication Consulting

Our students are required to assist organizations in solving real-world communication problems as part of their degree completion. Students will collect data regarding the problem and offer recommendations based on their analysis.

As an example, the Bucks County government offices had one of our students complete an internal and external communications audit. They saved thousands in dollars by having a student do the work rather than pay a consultant!

If you know of an organization that could benefit from free communication consulting, please contact the Program Director, Marianne Dainton, at x1158 or Dainton@lasalle.edu
Upcoming Home Games
September 5-September 12

Women’s Tennis @ La Salle Tennis Courts
Sat. , Sept. 11      West Chester      10:00 a.m.
Sun. , Sept. 12     Moravian        1:00 p.m.

Men’s Tennis @La Salle Tennis Courts
Sat. , Sept. 11      West Chester      10:00 a.m.

GO EXPLORERS!
2009-10 Major La Salle Student-Athlete Accomplishments

NATIONAL AWARDS
National Scholar-Athlete of the Year
Jill Davis (Lacrosse)
Yves Mekongo (Basketball)

Academic All-America
CoSIDA
Jill Davis (Lacrosse)
Yves Mekongo (Basketball)
Gina Massaro (Softball)

NACDA
Yves Mekongo (Basketball)
Morgan Robertson (Basketball)
Steve Weingarten (Basketball)

Coaches’ Association
Tyler Jones (Cross Country)

All-America (Freshman)
Pat Christensen (Basketball)
Rebecca Chylack (Field Hockey)
Lauren McDermott (Lacrosse)

National Community Service Award
La Salle Project Teamwork

National Academic Teams
Soccer, Cross Country, Swimming,
Track & Field
Field Hockey

LA SALLE DEPARTMENTAL AWARDS
—OUTSTANDING GRADUATING SENIORS
American Studies
Andrew Wagoner
(Cross Country/Track)

Education
Jill Davis (Lacrosse)

Foreign Languages & Literature
Haley Froshour (Field Hockey)

Integrated Science,
Business & Technology
Gene Curran (Soccer)

REGIONAL AWARDS
All-Region
Rebecca Chylack (Field Hockey)
Traci DePasquale (Soccer)
Rodney Green (Basketball)
Tyler Jones (Cross Country)
Ryan Richter (Soccer)

Academic All-Region
Mary Pat Conville (Softball)
Jill Davis (Lacrosse)
Traci DePasquale (Soccer)
Shannon Duval (Swimming)
Haley Froshour (Field Hockey)
Ally Kenney (Soccer)

A-10 Commissioner’s Honor Roll
Conference best 230 athletes

PHILADELPHIA AREA AWARDS
Soccer Six Player of the Year
Ryan Richter (Soccer)

Big 5 Rookie of the Year
Pat Christensen (Basketball)
Aanic Murray (Basketball)

Soccer Five Rookie of the Year
Jeff Pio (Soccer)

Big 5 Student-Athlete of the Year
Brendan Norton (Basketball)

Big 5 Sportsmanship Award
Yves Mekongo (Basketball)
Tara Lapetina (Basketball)

Big 5 Coach of the Year
Mike Lake (Baseball)

Philadelphia Inquirer
Performer of the Year
Jill Davis (Lacrosse)
Shannon Duval (Swimming)

Academic All-Area
Ed Carnes (Swimming)
Shannon Duval (Swimming)
Haley Froshour (Field Hockey)
Brandon Hargraves (Swimming)
Emily Heath (Swimming)
Ally Kenney (Soccer)
Yves Mekongo (Basketball)
Trevon Rainford (Cross Country)
Ryan Tadley (Soccer)
Andrew Wagoner (Cross Country)

1 Only school in the country with two National Scholar-Athletes of the Year
2 One of two schools in the Atlantic 10 with three CoSIDA Academic All-Americans
3 Only school in the nation with three basketball student-athletes recognized on NACDA All-America teams; also only one of two schools with both a male and female student-athlete recognized in men’s and women’s basketball
4 Most Freshman All-Americans among all Atlantic 10 schools
5 Field hockey had the top GPA nationally in 2004 and 2008 and second-best in 2003 and 2009
6 One of three schools in the nation with a male and female student-athlete on the Academic All-District basketball teams
7 Most Student-Athletes of the Year (four) of any Atlantic 10 school
8 Sixteen Academic All-Atlantic 10 honors are second in the conference
9 Most student-athletes named to Commissioner’s Honor Roll
Assistant Professor of History, Tenure Track

The History Department at La Salle University seeks to hire a tenure-track assistant professor beginning in Fall 2011.

Applicants must have Ph.D. in History in hand by the time of appointment, and be able to teach undergraduate survey courses in World History, as well as upper level undergraduate and graduate courses. Applicants must specialize either in the Islamic World (with a secondary field in Modern Europe) or in Modern Europe (with a secondary field in the Islamic World).

Review of applications will begin on 1 January 2011.

Please send a cover letter, curriculum vitae, and three letters of reference to the following:

Stuart Leibiger  
Chair, Department of History  
La Salle University  
1900 W. Olney Ave.  
Philadelphia, PA 19141-1199

AA/EOE

La Salle University is a Roman Catholic university in the tradition of the De La Salle Christian Brothers and welcomes applicants from all backgrounds who can contribute to our unique educational mission. For a complete mission statement, please visit our website at www.lasalle.edu.
Assistant Director of Admission

The La Salle University Office of Undergraduate Admission seeks a full time Assistant Director of Admission. Responsibilities of the position includes designing, writing, and editing recruitment literature; managing the prospective student communication plan; traveling to promote the University; interviewing prospective students; and reviewing applications for admission. Candidates must hold a Bachelor’s degree and have a valid driver’s license.

The University strives to offer, thorough effective teaching and quality education founded on the idea that intellectual and spiritual development go hand-in-hand mutually complementing and fulfilling one another. La Salle has been one of the most successful Universities in the Philadelphia area in attracting quality new students. Applications for undergraduate admission have doubled in the past decade. We seek a person to help continue these successes.

Please forward résumé and cover letter by September 15 to the following:

James Plunkett
Executive Director of Admission
La Salle University
Office of Undergraduate Admission
1900 W. Olney Ave.
Philadelphia, PA 19141

AA/EOE

La Salle University is a Roman Catholic university in the tradition of the De La Salle Christian Brothers and welcomes applicants from all backgrounds who can contribute to our unique educational mission. For a complete mission statement, please visit our website at www.lasalle.edu.
Procedures for Submitting Items for Inclusion in the Campus News

All information for the General, Academic, Minutes, or Athletic sections—with or without graphics and photos—must be submitted electronically either:

- via the “Submit an item” form in the Media and Publications channel on the News and Media tab of the portal,
- via e-mail to campusnews@lasalle.edu. (The article title must be included in the subject line of the e-mail), or
- via CD sent to Campus News, Box 187.

Submissions can be sent with graphics and photos laid out with the text or sent with the text and graphics separately. Please submit flyers and circulars as attachments in Microsoft ® Word or as PDF files. Please submit photos as JPEG files.

Letterhead or logos with submissions must conform to the approved standards explained and illustrated in the Brand Book published and distributed by University Communications.

All photos and graphics (clip art, logos other than La Salle’s) must have their owners’ permission to be reproduced. If you submit them with your information, you are responsible for gaining this permission.

All employment listings must be submitted first to Human Resources for approval (for more information, contact Gregory O’Shea at 215.951.1354).

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**Deadlines for Submission**

- General News, Meeting Minutes, Events, and Other News: **Wednesday at 4 p.m.**
- New Positions of Employment at La Salle University: **Monday at 2 p.m.**