Emerging Leaders Retreat — Workshop presented by April Herring on Martin Luther King Jr. Day
Spring 2011 Academic & Learning Support Services Workshop Schedule

“I Need More Time!” Learn how to create a time management system that works for you, deal with procrastination, plan ahead, organize yourself better, and balance the many demands on your time.

- Tuesday, January 25, 5:00 p.m., Olney 209
- New! Tuesday, January 25, 7:00-7:30 p.m. Live online workshop. Check your email and the Portal for the link, or email hediger@lasalle.edu to get the link emailed to you.
- Wednesday, January 26, 1:00 p.m., Olney 209

“There’s Too Much to Read!” Learn active reading strategies that will help you learn more effectively by reading different types of texts differently.

- Tuesday, February 8, 5:00 p.m., Library 212
- Thursday, February 10, 12:30 p.m., Olney 209

“Writing under Pressure (or Procrastinating Wisely)” If you are a procrastinator, learn how to turn a negative into a positive. Explore reasons for writing procrastination, learn strategies for how to procrastinate wisely, and get tips for how to write well under a time constraint (like writing in-class essays on a test). Presented by the Sheekey Writing Center.

- Tuesday, February 15, 12:30 p.m., Olney 209
- Thursday, February 17, 5:00 p.m., Olney 209

“Studying for Science and Math Success” Learn active study strategies that will help you master the challenges of science and problem-solving classes (Math, Accounting, Chemistry, Biology, Physics, etc.).

- Wednesday, February 16, 5:00 p.m., Holroyd 257

“What’s My Learning Style?” Examine how you learn and how to study more actively (and more successfully) for the variety of courses you are taking.

- Tuesday, February 22, 5:00 p.m., Library 212

“I Got What on My Midterm?!?” It’s never too late. Make a new game plan for success in the second half of the semester by reconsidering your time management, reading, and study strategies.

- Tuesday, March 22, 5:00 p.m., Library 212
- Wednesday, March 23, 1:00 p.m., Olney 209

“Get Ready for Finals!” Learn specific tips and strategies that will help you prepare for finals “crunch time” and create a game plan that will improve your studying, time management, and test-taking.

- Tuesday, April 19, 12:30 p.m., Olney 209
- Wednesday, April 20, 5:00 p.m., Library 212

For online workshops, handouts, and more information on Academic and Learning Support services, visit us at www.lasalle.edu/portal/learnsupport. For more information, contact Melissa Hediger (hediger@lasalle.edu, 215.951.5115, Olney 239).
“I Need More Time!”
Time Management Workshop

Start the semester off right by organizing your time! Bring your syllabi and planner. All students welcome!

Tues., Jan. 25 at 5:00 p.m.
Wed., Jan. 26 at 1:00 p.m.
Olney 209

Brought to you by La Salle University Academic and Learning Support Services. Contact Melissa Hediger (hediger@lasalle.edu or 215.951.5115) for more information.
32nd Annual Grimes Lecture Series
Psychology Department

"OUR 50-MINUTE HOUR IN THE NANOSECOND ERA"

Dr. Nicholas A. Cummings,
Ph.D., Sc.D.
Distinguished Professor, University of Nevada, Reno
President, Cummings Foundation for Behavioral Health, Inc.
Former President, American Psychological Association

March 3, 2011
7:30 p.m.
Reception at 6:00 p.m. in Ballroom

Dondero Award Recipient:
Salvatore (Sam) F. Catanzaro, Ph.D. ('82)
Executive Associate Dean for Faculty and Administration
Professor of Psychology
Illinois State University

La Salle University       Union Building       Dan Rodden Theater
1900 W. Olney Avenue
Philadelphia, PA 19141
Featured Photos

Students painting “Pillars of Good Education” at South Philadelphia High School on Martin Luther King Jr. Day

Professor Gallagher and students at the Emerging Leaders Retreat in the Dunleavy Room
BENTON SPRUANCE: CITY VIEWS
DECEMBER 17, 2010 – MARCH 4, 2011

RECEPTION
January 27, 2011
5:00 – 7:00 p.m.
SPECIAL EXHIBITIONS GALLERY

COMMUNITY EVENT
February 10, 2011
4:00 p.m.
Renaissance Room

SPRUANCE IN CONTEXT LECTURE
BY DOUG PASCHALL
March 3, 2011
12:30 p.m.
290 Holroyd Hall

PROGRAMMING IS FREE AND OPEN TO THE PUBLIC

The La Salle University Art Museum is located on the lower level of Olney Hall
1900 W. Olney Avenue
Philadelphia, PA 19141
215.951.1221
www.lasalle.edu/museum
On the Path: The Significance of Walking the Labyrinth

Janine Mariscotti, MSW, LSW, Social Work

Lynne Texter, Ph.D., Communication

Wednesday, January 26, 3:00 p.m.
Holroyd Lobby (Free Food)

The Labyrinth is an ancient symbol used as a walking meditation to assist people to manage stress, make decisions, and access physical emotional, and spiritual wellness. Found in many and varied traditions throughout history, the Labyrinth has recently been revived as a healing and restorative tool that crosses social, cultural and religious boundaries. As a circular symbol, the Labyrinth is an archetypal image that represents wholeness, healing, inclusiveness, and community. **What is it about the labyrinth that has allowed it to endure for over 5,000 years in so many different cultures? Why are people still drawn to the labyrinth in 2011?** Come experience the labyrinth for yourself.

There will be an additional opportunity to walk the labyrinth from 1:00-2:00 p.m. in the Holroyd Lobby for those unable to do so at the café. All are welcome.

Explorer Cafés are every Wednesday at 3:00 p.m.
Open to all.

Questions or comments?
Contact Julianna Gwiszcz (gwiszczj1@lasalle.edu)
To: All Faculty and Staff
From: Dr. Margurete Walsh
Date: January 21, 2011
Re: 2011 National Walk and Lunch Day

Independence Blue Cross is sponsoring the 2011 National Walk and Lunch Day on April 27. Last year tens of thousands of walkers participated. You can join in by wearing comfortable walking shoes and simply take a walk at lunch or throughout the day. When done briskly and on a regular basis, walking can:

- Decrease the risk of heart attack and type 2 diabetes
- Control weight
- Improve muscle tone
- Reduce stress

January Training Tip

“To exist is to change, to change is to mature, to mature is to go on creating oneself endlessly.”
— Henri Bergson, French Philosopher

A message about training and life-long learning from the Human Resources Department
WHO AM I?

CLUE: "Here I am at age two--not knowing that when I grew up I'd go to college at La Salle and eventually teach English literature there."

Do you know who this person is? Send the name along with your name to campusnews@lasalle.edu. [His identity will be announced in the next issue.]

If you have a photo of yourself from the past and would like to be featured, please send it along with a clue to the above e-mail address or to Campus News, Box 187. All prints of photos will be scanned and returned.
LIBRARY HOURS
SPRING 2011
January 18 - May 15

REGULAR HOURS
Monday-Thursday 8:00 a.m. - 12:00 a.m.
Friday 8:00 a.m. - 8:00 p.m.
Saturday 10:00 a.m. - 6:00 p.m.
Sunday 12:00 p.m. - 12:00 a.m.

MIDSEMESTER EXAMS AND HOLIDAYS
Sunday February 27 12:00 p.m. - 1:00 a.m.
Monday - Thursday February 28 - March 3 8:00 a.m. - 1:00 a.m.
Friday March 4 8:00 a.m. - 5:00 p.m.
Saturday March 5 10:00 a.m. - 6:00 p.m.
Sunday March 6 CLOSED
Monday (mid semester holiday) March 7 CLOSED
Tuesday - Thursday March 8 - 10 8:00 a.m. - 10:00 p.m.
Friday March 11 8:00 a.m. - 8:00 p.m.
Saturday March 12 10:00 a.m. - 6:00 p.m.
Sunday March 13 12:00 p.m. - 12:00 a.m.

EASTER HOLIDAYS
Thursday April 21 8:00 a.m. - 10:00 p.m.
Friday - Sunday April 22 - 24 CLOSED
Monday April 25 3:00 p.m. - 10:00 p.m.

FINAL EXAMS
Monday - Thursday April 25 - 28 8:00 a.m. - 1:00 a.m.
Friday April 29 8:00 a.m. - 8:00 p.m.
Saturday April 30 10:00 a.m. - 6:00 p.m.
Sunday May 1 12:00 p.m. - 1:00 a.m.
Monday - Thursday May 2 - 5 8:00 a.m. - 1:00 a.m.
Friday May 6 8:00 a.m. - 8:00 p.m.
Saturday May 7 10:00 a.m. - 6:00 p.m.
Sunday May 8 12:00 p.m. - 8:00 p.m.
Monday May 9 8:00 a.m. - 10:00 p.m.
Tuesday - Thursday May 10 - 12 8:00 a.m. - 8:00 p.m.
Friday May 13 8:00 a.m. - 5:00 p.m.
Saturday May 14 10:00 a.m. - 6:00 p.m.
Sunday May 15 CLOSED
LETS Workshop

Jan. 24—4-7 p.m.

Holroyd Atrium

Let's Erase the Stigma (LETS) is a non-profit dedicated to erasing the stigma of mental illness on high school and college campuses. The organization is holding a workshop to discuss ideas, thoughts, and stories about the debilitating effect of this stigma.

At this participant-driven, experiential workshop you can learn about LETS, explore how the stigma of mental illness impacts us personally and as a society, and generate ideas for change. How can we overcome obstacles to erasing the stigma and build teams that make a difference?

To learn about LETS, go to http://www.lets.org/
To register for this workshop, go to https://letserasethestigma.wufoo.com/forms/m7x3p9/

Faculty and students from all departments are welcomed.

Co-sponsored by the Graduate Psychology Department
Faculty Senate Meeting
December 7, 2010

Present: Welsh, McGuinness, Dillon, Allen, Blum, Cichowicz, Texter, Yost, Mosca, Smith, Ruiz, McMonigle, Ballough, McCoey, Price
Excused: Moreau, Volpe, Feden, Balchunis, Falcone, Desnoyers

Approval of Minutes
The Minutes of November 18, 2010 were approved by a vote of 13-0-2.

School-Based Curriculum Review Process
Deb Yost presented a proposal for the School-Based Curriculum Review Process. Discussion involved the need to avoid redundancy to approve courses; concern for an overall schema of the university curriculum and the functions of various groups. It was decided that there is a need to consult the Council of Deans. No vote was taken.

Faculty Senate Election Composition
Maggie McGuinness presented a proposal to change the Faculty Senate Elections. Discussion involved the use of an accurate list of faculty and the need to keep election process the same but the At-Large member should rotate through the Schools. It was suggested that there can be more than one person from each of the Schools and that this process ensures that a person be represented from each School. The proposal was approved with a vote of 14-0-1.

Faculty Budget Priorities.
Discussion involved priorities for the budget: 3/3 course load for all full-time faculty and increase in adjunct faculty pay; new hires due to expansion of programs; marketing of programs; financial aid to graduate students; technology in classrooms (Olney); handicap accessibility for all buildings, funds for travel study for undergraduate courses. It was suggested that communication be increased for faculty participation in budgetary priorities.

The meeting was adjourned at 1:50 p.m.

Respectfully submitted,
Mary Ellen A. McMonigle, Secretary
Upcoming Home Events
January 22 – February 2

Women’s Basketball @ Tom Gola Arena
Sat., Jan. 22   Duquesne   2:00 p.m.
Sat., Jan. 29   George Washington   7:00 p.m.

Men’s Basketball @ Tom Gola Arena
Wed., Jan. 26   Saint Joseph’s   7:00 p.m.
               (at Palestra)
Wed., Feb. 2   Temple   7:00 p.m.

Men’s & Women’s Swimming & Diving @ Kirk Pool
Sat., Jan. 29   Loyola   1:00 p.m.
Tues., Feb. 1   Penn   5:00 p.m.

GO EXPLORERS!
Executive Director of Academic Computing

The Director is responsible for the overall management of the Academic Computing Department where the focus is centered on supporting academic technology, pedagogy, and the appropriate use of technology in the teaching and learning process. This position is responsible for management and support of the Blackboard course management system; administration of the campus Web portal; and supervision of multimedia services and classroom technology support.

Responsibilities are as follows:
* Manage the day-to-day operation of the University's academic computing programs.
* Supervise all personnel resources assigned to this area of the University's technical operations, and actively participate in the professional development of IT staff.
* Develop programming structure and content with various faculty committees, and in conjunction with the Chief Information Officer to provide timely programming and dynamic materials to educate and meet the needs of full-time and adjunct faculty as well as students.
* Coordinate the efforts of the Instructional Design and Multimedia Services Departments.
* Manage projects as designated by the Chief Information Officer.
* Participate in strategic planning and the budget process to optimize technology innovation and creativity

Qualifications:
* Working knowledge of the Blackboard course management system.
* Project management and supervisory experience in the academic technology field.
* Excellent communication and organization skills.
* Master's Degree in related field highly desired.

This full-time position offers a competitive salary and benefits package, including tuition remission.

To apply, please submit a cover letter and résumé or C.V. to the following:

**Ed Nickerson, CIO**
La Salle University
1900 W. Olney Ave.
Philadelphia, PA 19141
ITjobs@lasalle.edu

AA/EOE

*La Salle University is a Roman Catholic university in the tradition of the De La Salle Christian Brothers and welcomes applicants from all backgrounds who can contribute to our unique educational mission. For a complete mission statement, please visit our website at [www.lasalle.edu](http://www.lasalle.edu).*
Procedures for Submitting Items for Inclusion in the Campus News

All information for the General, Academic, Minutes, or Athletic sections—with or without graphics and photos—must be submitted electronically either:

- via the “Submit an item” form in the Media and Publications channel on the News and Media tab of the portal,
- via e-mail to the campusnews@lasalle.edu. (The article title must be included in the subject line of the e-mail), or
- via CD sent to Campus News, Box 187.

Submissions can be sent with graphics and photos laid out with the text or sent with the text and graphics separately. Please submit flyers and circulars as attachments in Microsoft® Word or as PDF files. Please submit photos as JPEG files.

Letterhead or logos with submissions must conform to the approved standards explained and illustrated in the Brand Book published and distributed by University Communications.

All photos and graphics (clip art, logos other than La Salle’s) must have their owners’ permission to be reproduced. If you submit them with your information, you are responsible for gaining this permission.

All employment listings must be submitted first to Human Resources for approval (for more information, contact Chris Mickel at 215.951.1052).

Deadlines for Submission

- General News, Meeting Minutes, Events, and Other News: **Wednesday at 4 p.m.**
- New Positions of Employment at La Salle University: **Monday at 2 p.m.**