Service Awards Luncheon
The Lasallian Distinguished Educator Award

2011-12

A Call for Nominations

The Lasallian Distinguished Educator Award (LDEA) is given annually to honor the men and women who have put into practice John Baptist de La Salle’s vision of committing oneself to the real needs of students. Each year, Lasallian schools across the nation are invited to name honorees and in this way preserve the memory of Saint La Salle and the work of Lasallian educational movement.

The LDEA Review Committee invites the campus community to submit nominations for the 2011 award. All faculty, staff and administrators are eligible for consideration except for those who have already been honored. The Committee encourages you to nominate a member of the La Salle community who meets the general qualifications for the award as described on the page following this announcement. A statement in support of the candidate should accompany the nomination.

I ask that you submit nominations to me by April 15 either via campus mail (Box 801) or via e-mail.

Should you have any questions regarding this award, please feel free to contact me.

Thank you,

Ray Ricci
Campus Phone: 1079

(continued on the next page)
The Lasallian Distinguished Educator Award

The Lasallian Distinguished Educator Award is given annually to honor the life, the vision, and ideals of John Baptist De La Salle, the namesake of the University, the founder of the Christian Brothers, and the patron saint of teachers.

The award is given to those who exhibit in their daily lives a commitment to Lasallian priorities and traditions: the paramount importance of teaching in a values framework; of working together to build genuine community; of service and sensitivity to the needs of others particularly the poor and marginalized; of demonstrating respect for the uniqueness of the individual student. This award recognizes those who have opened their hearts and minds to these ideals and devoted themselves to this work.

Award winners build others up and encourage the heart. They teach by example. By doing so, they help colleagues and students experience the University’s heritage and its distinctive Lasallian character. To paraphrase the words of St. La Salle, they “put into practice what we want our students to believe.” As a result, they continue to give life to the values that have animated and sustained the University for almost 150 years.

The Lasallian Distinguished Educator Award is open to all faculty, staff and administrators. Previous honorees are not eligible for consideration.

**Previous Honorees**
Brother Emery Mollenhauer
Anna Allen
Brother Gerard Molyneaux
Brother Daniel Burke
Robert Miedel
Raymond Ricci
Michael Smith
Michael Kerlin
Sidney MacLeod
Marjorie Allen
Robert Vogel
Richard Mshombi
Nancy Jones
High on Health

La Salle University
2011 Health Fair

Thursday, April 7
12:00 – 2:00
Ballroom & Music Room

Wellness Information, Health Screenings, Chair Massages, Fitness Tips, Healthy Food Samples, Dance and Music,

Giveaways & Door Prizes

Sponsored by the Health Advisory Committee & the Student Activity Fee.
Featured Photos

Explorer mascot balloon inside the lobby of the Hayman Center during the SGA Basketball Marathon, March 25

Faculty and staff await their games

Faculty and staff playing against SGA in the early games of the Marathon

Dr. Bart with Dr. Passchier after her March 29 lecture “The Challenge of Climate Change and Sea Level Prediction”

Dr. Segev during his lecture “Holocaust as Intellectual Game,” March 30
Should the U.S. Get Out of Afghanistan?

Michael Boyle, Ph.D., Political Science

Wednesday, April 6, 3:00 p.m.
Holroyd Atrium (Free Food)

The war in Afghanistan has been in progress for nearly ten years and no end is in sight. Amidst rising casualties and cost, the Obama administration decided to send more U.S. troops to Afghanistan in November 2009 in order to reverse the momentum of the Taliban and force a negotiated settlement. This raises some important questions.

What are the U.S. objectives in Afghanistan? What are their chances of the success? Who are the Taliban, and are they willing to negotiate an end to the war? Is the current U.S. strategy working, and what steps could the U.S. take to end the war? This Explorer Café will tackle these difficult questions and others about the current U.S. strategy in Afghanistan.
April Training Tip

“Employment is nature’s physician and is essential to human happiness.”—*Claudius Galen, Greek physician*

A message about training and life-long learning from the Human Resources Department
Motivating for Results Training

Dear Colleagues:

We are accepting registrations at all of the upcoming April training sessions of Motivating for Results Training. The schedule is as follows:

Date: Tue., April 5, 2011
Time: 1:00 p.m. to 2:00 p.m. OR Time: 12:00 p.m. to 1:00 p.m.
Location: Union 310

Date: Wed., April 13, 2011
Date: Wed., April 20, 2011
Time: 1:00 p.m. to 2:00 p.m. OR Time: 1:00 p.m. to 2:00 p.m.
Location: Union 310

What will you learn?
- Learning practical ways to motivate your staff
- Understanding how to use praise and recognition
- Keeping your staff informed, supplied, trained and empowered
- Boosting morale
- Learning tools and techniques to prevent de-motivation of your staff

These topics will be presented by the following methods:
- Video tape modeling
- Lecture
- Discussion
- Simulation exercises

Whom do I contact to register and for more information?
Paul Roden: Ext. 3607, E-Mail: roden@lasalle.edu, Box 806, Administration Center 104, or Fax 1453.
WHO AM I?

CLUE: "While I serve on the Faculty Senate and many other committees, many know me as a faculty member who over the years has frequently changed her hairstyle. Here is my original one."

Do you know who this person is? Send the name along with your name to campusnews@lasalle.edu. [Her identity will be announced in the next issue.]

If you have a photo of yourself from the past and would like to be featured, please send it along with a clue to the above e-mail address or to Campus News, Box 187. All prints of photos will be scanned and returned.
Rapid Oral HIV Testing & STD Testing
Free, Confidential, and Anonymous

Tuesday, April 12
12:00 p.m.-4:00 p.m.
Student Health Center

Appointments are Necessary
215. 951.1565
(Feel free to use a pseudo name.)

*Testing Done by Bebashi
Division of Student Affairs

END-OF-SEMESTER SCHEDULE
The end of the semester always has its own set of stresses. This year many individuals from senior faculty to freshmen students may find it more stressful because of where the Easter break falls. Easter is Sunday, April 24, and the Easter break is from April 22 to April 25.

The last two weeks of classes are only four days each: Monday, April 18, to Thursday, April 21, and Tuesday, April 26, to Friday, April 29. These two weeks are followed by finals May 2 to May 6.

Being aware of short weeks, deadlines, final exams, and papers and adjusting workloads accordingly will go a long way to alleviating stress and anxiety for everyone.

STRESS BUSTERS WEEK
Peer Educators are hosting several events on campus the week of April 26. They are fun ways to deal with stress:

- **Tie Dye Tuesday**  
  **Tuesday, April 26, 2011, 12-2 p.m.**

- **Glee & Ice Cream in Bernard and Neumann Lounges**  
  **Tuesday, April 26, 2011, 7:30-9 p.m.**

- **Cookies and Coffee in the Library**  
  **Wednesday, April 27, 2011, 8-10 p.m.**

- **Walk at Work Day (Co-sponsored by the Health Affairs Committee and Human Resources)**  
  **Thursday, April 28**

- **Kissing and Petting**  
  **Thursday, April 28, 2011, 4:30-5:30 p.m.**

Look for further details in the coming weeks.

RESOURCES
There are also many resources on campus to help deal with stress, especially for our students. Some of the more obvious are the Student Counseling Center, Learning Support Services, and Academic Advisors, but RAs, coaches, advisors, and former professors all can help. Being able to talk to someone you trust is one of the best ways there is to relieve stress.

If all of us are aware of the upcoming short weeks, timelines and most importantly each other, we can make these weeks less stressful than they need to be.
The Department of English and Honors Program invite all members of the La Salle University community to join

Bruce Machart reading from his debut novel

The Wake of Forgiveness

On a moonless Texas night in 1895, an ambitious young landowner suffers the loss of "the only woman he's ever been fond of" when his wife dies during childbirth with the couple's fourth boy, Karel. From an early age Karel proves so talented on horseback that his father enlists him to ride in acreage-staked horse races against his neighbors. But Karel is forever haunted by thoughts of the mother he never knew, by the bloodshot blame in his father's eyes, and permanently marked by the yoke he and his brothers are forced to wear to plow the family fields. Confident only in the saddle, Karel is certain that the horse "wants the whip the same way he wants his pop's strap...the closest he ever gets to his father's touch." In the winter of 1910, Karel rides in the ultimate high-stakes race against a powerful Spanish patriarch and his alluring daughters. Hanging in the balance are his father's fortune, his brother's futures, and his own fate. Fourteen years later, with the stake of the race still driven hard between him and his brothers, Karel is finally forced to dress the wounds of his past and to salvage the tattered fabric of his family.

Reminiscent of Kent Haruf's portrayals of hope amidst human heartbreak and Cormac McCarthy's finely hewn evocations of the American Southwest, Bruce Machart's striking debut is as well wrought as it is riveting. It compels us to consider the inescapable connections between sons and their mothers, between landscape and family, and between remembrance and redemption.

Bruce Machart's fiction has appeared in Zoetrope: All-Story, Glimmer Train, Story, One Story and elsewhere, and has been anthologized in Best Stories of the American West. A graduate of the MFA program at Ohio State University, he currently lives and teaches in Houston. His collection of short stories, Men in the Making, will appear in 2011.

April 7
6:00 p.m.
in the Holroyd Atrium

Generous assistance for this event has been provided by the Concert and Lectures Committee.
To: All Staff Members Participating in La Salle’s Health Insurance Plan  
From: Dr. Margurete Walsh, Director of Human Resources  
Re: Participation in a Naturally Slim Program – Phase III

As you know La Salle University is part of the Philadelphia Area Independent School Insurance Group (PAISIG) through whom we provide medical plan options to our employees. I was notified by PAISIG that based on two successful programs that began this past September, Phase III of PAISIG’s venture into the Naturally Slim program is being introduced to an additional 250 PAISIG members.

PAISIG is pleased to report that the current group going through the Naturally Slim program has lost an average of 9.6 pounds and has lost a total of 1,910 pounds so far throughout the first 6 weeks of the program.

These results are **23% better** than the impressive results from our pilot program. There are already 81 individuals that have reported losing over 10 pounds! These are excellent results and, as you may know, directly correlate to Metabolic Syndrome reversal.

Members interested in participating in Phase 3 should go to www.naturallyslim.com/PAISIG and click “Enroll Now” to register. This section will ask them for information on their cholesterol levels, blood pressure, and a few other items, but this information is not needed to be chosen for the program. As before, this program is only for employees who are covered by the medical plan. It is not for dependents at this time.

The online enrollment closes on April 8, and individuals will be notified by April 13 if they have been accepted or deferred. Those chosen will then go through the 10-week online program.

**Important Dates to Remember!**
- **April 8** Deadline to complete the online application at www.naturallyslim.com/PAISIG
- **April 13**: All applicants will be notified whether or not they are accepted.
- **May 2**: Online program begins for accepted applicants.

**No Cost to You!**  
For chosen participants, the program will be provided at no cost (a $500.00 value). Your participation will help PAISIG determine the future rollout of this program. However, if you do not complete the program as defined above, you could be responsible for reimbursing the company a portion of the program fee originally paid on your behalf.

**A Note About Confidentiality . . .**  
The information that you provide to any program professional who is representing PAISIG will be considered confidential and will be available only to you and those professionals. PAISIG will have no access to the personal health information that you include in the online application. Furthermore, each of our program partners cannot sell or otherwise divulge any participant information to any unauthorized party.
April Health Tip of the Month

Step into Spring

Here are some tips to finish the semester strong and with minimal stress!

- Time Management is key, so make sure you pencil in time for sleep!
- Set realistic goals for yourself!
- Have “you” time; it’s hard to find a place to be alone in college, so do your best to have some alone time!
- Talk about your stress; everyone in college understands stress and may be able to provide you some insight!
- Try some relaxation techniques such as deep breathing, listening to music, or even meditation!

Join us for National “Walk at Lunch”* Day
Thursday April 28, 12:30 p.m.
Meet on the Library Steps
*Music provided by the La Salle Music Society

Health Tip brought to you by Student Nurse Association of Pennsylvania and Health Advisory Committee
Health Advisory Committee Meeting
March 18, 2011

Present: Co-Chairs: Lane Neubauer, Dina Oleksiak; Members: Marjorie Allen, Kate Cook, Br. John Crawford, Mike Gilbert, Chris Mickel, Mary Wilby
Absent: Mark Badstubner, Lindsay Cicchino, Matt Gionta, Jeff Lyons, Lexi Major, Vanessa Ocasio
Guest: Sarah Segaline

I. Spring Blood Results
   a. At the 2011 Spring Blood Drive, 171 pints were collected (compared to 143 pints at the 2010 Spring Blood Drive).
   b. Fifteen student organizations assisted with the sign up tables for potential donors and with providing volunteer support at the Blood Drive.

II. Health Fair
   a. Approximately 35 vendors have signed up to participate in this year’s Health Fair with an additional 10 student organizations providing booths. Six food vendors are also attending.
   b. Six La Salle performance groups will provide demonstrations during the Health Fair.
   c. Several Door Prizes have been generously donated already by Bonni Zetick, Janice Beitz, Karen Rossi and Mary Wilby.
   d. HAC members were reminded of their task assignments.

III. Smoking Policy
   a. Dr. Neubauer circulated a Q & A handout based on the Smoking Proposal as requested by the VP for Student Affairs. Feedback was given and will be incorporated.
   b. Thus far, letters of endorsement have been received from the following departments/units/organizations:
      i. Admissions
      ii. Athletics & Recreation
      iii. Community Development Advisory Board (CDAB)
      iv. Counseling and Health Services
      v. Division of Student Affairs Senior Staff
      vi. Faculty Senate
      vii. Resident Students Association (RSA)
      viii. School of Nursing and Health Sciences
      ix. Security and Safety
      x. Students Government Association (SGA)

IV. “Walk at Lunch” – event
   a. The HAC will work with Human Resources and with the Peer Educators to encourage the La Salle University community to participate in this national event.
   b. Peer Educators will include this in their events for “stressbuster week”.
   c. The “Walk at Lunch” event will be held on Thursday, April 28 at 12:30 so that it doesn’t conflict with the lunch the previous day that recognizes La Salle’s Administrative Assistants (National Walk at Lunch day is April 27).
   d. The sub-committee of the HAC who will work on this includes Lane Neubauer, Dina Oleksiak, Mike Gilbert, Kate Cook, Mary Wilby and Matt Gionta.

V. April Health Tip of the Month – “Step into Spring” – fitness tips about starting an outside exercise routine (this will be connected to the “Walk at Lunch” event).

VI. Olney Pipes
   a. Mike Gilbert responded to HAC members who were concerned about last months’ incident in Olney Hall in which pipes burst and non-clear liquid was discharged from them. He reported that he had been in touch with Tom Pace who stated that there was no health risk to this situation and that liquid was normal for heating systems and posed no health threat.
   b. A written statement from Facilities Management to be included in future HAC minutes was requested. Mike Gilbert will follow up on this.

VII. “Coming off the DL,” film which addresses issues related to two students at Villanova who are wheelchair bound and how the university responded to their needs, will be shown on March 29 at 12:30 in H290. HAC members are invited to attend.

VIII. Next Meeting will be April 29 at 2 p.m. in the Lawrence Conference Room.

Respectfully submitted by
Lane B. Neubauer Ph.D., Co-Chair
Upcoming Home Events
April 1- April 8

**Baseball @ Hank DeVincent Field**

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<tr>
<th>Date</th>
<th>Opponent</th>
<th>Time</th>
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<tr>
<td>Fri., April 1</td>
<td>Rhode Island</td>
<td>3:00 p.m.</td>
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<tr>
<td>Sat., April 2</td>
<td>Rhode Island</td>
<td>1:00 p.m.</td>
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<tr>
<td>Sun., April 3</td>
<td>Rhode Island</td>
<td>1:30 p.m.</td>
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**Men's Tennis @ La Salle Courts**

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<tr>
<td>Sun., April 3</td>
<td>St. Bonaventure</td>
<td>1:00 p.m.</td>
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<td>Thurs., April 7</td>
<td>New Jersey Tech</td>
<td>10:00 p.m.</td>
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<tr>
<td>Fri., April 8</td>
<td>Rider</td>
<td>3:00 p.m.</td>
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**Lacrosse @ McCarthy Stadium**

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<tr>
<td>Sun., April 3</td>
<td>Massachusetts</td>
<td>11:00 a.m.</td>
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<tr>
<td>Fri., April 8</td>
<td>Richmond</td>
<td>4:00 p.m.</td>
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**Women’s Tennis @ La Salle Courts**

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<tr>
<td>Fri., April 1</td>
<td>Elizabethtown</td>
<td>3:30 p.m.</td>
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<td>Sun., April 3</td>
<td>St. Bonaventure</td>
<td>10:00 a.m.</td>
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<tr>
<td>Tues., April 5</td>
<td>Rider</td>
<td>3:00 p.m.</td>
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**Softball @ West Campus Field**

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<tr>
<td>Sat., April 2</td>
<td>Charlotte (DH)</td>
<td>11:00 a.m.</td>
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**GO EXPLORERS!**
Procedures for Submitting Items for Inclusion in the Campus News

All information for the General, Academic, Minutes, or Athletic sections—with or without graphics and photos—must be submitted electronically either:

- via e-mail to campusnews@lasalle.edu. (The article title must be included in the subject line of the e-mail), or
- via CD sent to Campus News, Box 187.

Submissions can be sent with graphics and photos laid out with the text or sent with the text and graphics separately. Please submit flyers and circulars as attachments in Microsoft ® Word or Publisher files. Please submit photos as JPEG files.

**NOTE:** If you need to submit flyers as PDF files, please follow the guidelines used for publication in University Communications. (You can request an abbreviated list of these guidelines by writing to campusnews@lasalle.edu.)

Letterhead or logos with submissions must conform to the approved standards explained and illustrated in the *Brand Book* published and distributed by University Communications.

All photos and graphics (clip art, logos other than La Salle’s) must have their owners’ permission to be reproduced. If you submit them with your information, you are responsible for gaining this permission.

All employment listings must be submitted first to Human Resources for approval (for more information, contact Chris Mickel at 215.951.1052).

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**Deadlines for Submission**

- General News, Meeting Minutes, Events, and Other News: **Wednesday at 4 p.m.**
- New Positions of Employment at La Salle University: **Monday at 2 p.m.**