

GOALS AND ACTION PLANS


TIME GOALS

- Which days to build in more time?
- Where to build in more time?
- How to motivate yourself to actually do it?

RESOURCE GOALS

- Schedule tutoring or academic coaching?
- Find a good online resource?
- Classmates to study with or compare notes? SI?
- Attend office hours?
- Utilize the book better?

STUDY GOALS

- Review between each class?
 - Self-testing? Identifying what you know and don't know.
Check points along the way.
 - Making sure you can explain in detail (not just memorize).
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READING/NOTE-TAKING GOALS

- What is your purpose for reading?
- How to you make sure you retain what you read?
- Do you look at your notes enough?

OTHER

- What other areas in your life do you need to address to help your academics?

ACADEMIC GOALS:

Class #1:

Class #2:

Class #3:

Class #4:

Class #5:

Professional Goals:

Personal Goals:

Other: