

# SPECIALITY CLINICS

**Our training therapists are organized into teams providing specialized treatment in the following areas:**

- Depression and Postpartum Depression disorders
- Anxiety disorders
- General Mood disorders
- Emotion Regulation
- Clinical Health Psychology
- Adolescent therapy
- Child Learning and Cognitive Assessment
- Adult Learning and Cognitive Assessment

LUCPS is housed in St. Benilde Tower on La Salle's West Campus. St. Benilde Tower is the former Germantown Hospital and located next to Founders Hall. See this campus map for more details:

[printer\\_friendly\\_map.pdf \(lasalle.edu\)](http://www.lasalle.edu/print_friendly_map.pdf).

To locate the building on the map, find Center Tower (12) or St. Benilde Tower (13), as these are located in the same building. If you are using a GPS, a good address to put in is TruMark Financial Center/Tom Gola Arena (28 on the map), where you can then park in Lot H (also marked on the map).



#### **Directions to LUCPS from Lot H:**

Take the blue pedestrian bridge, which crosses over Wister Street, to the entrance that is straight ahead. Once you cross, Founders Hall will be to your right. If the doors are locked, call 215-951-1006 and we will come down to let you in. Elevators are located to the right of the security desk. Take these to the 2<sup>nd</sup> floor. Make a right off the elevator and go through the set of double doors to your right, almost immediately after getting off the elevator. Continue straight, following signs, and make a right through the first set of double doors located on your right. Our entrance will be the second door to your left down this hallway.

**1900 West Olney Avenue  
Center Tower, Suite 255  
Philadelphia, PA 19141**

**Phone: 215-951-1006**



## COMMUNITY PSYCHOLOGICAL SERVICES

# IMPORTANT FEATURES

## Types of Service

La Salle University Community Psychological Services (LUCPS) provides outpatient mental health services, including therapy and assessment, for adults, adolescents, and children. We do not prescribe medication.

## Low Cost

Our services are offered on a sliding scale. An initial intake interview is \$25. Fees for treatment range from \$5 to \$20, depending on a person's income and the type of services being provided. The fee for psychoeducational testing is \$350. We do not accept insurance.

## Evidence-Based Treatments

We believe in providing evidence-based care to our clients. Although we cannot guarantee therapy will work for you, we will recommend treatments that are supported by science showing they have worked for other people, and we will work closely with you to monitor your progress.

## Evening Hours

With today's busy schedules, we realize that flexible hours are important. We offer various day and evening appointments Monday through Friday. Please call for more specific details.



## TRAINING CLINIC

All of our therapists are graduate students in La Salle University's Doctoral Program in Clinical Psychology.

These training therapists are closely supervised by La Salle's clinical faculty, who are licensed clinical psychologists.

We also train our students to conduct clinically useful and ethical research. You may be asked to participate in research that adds to our knowledge about psychology and effective treatments.

Participation in research is optional, and you can still receive services if you choose not to participate. All of our studies are approved by La Salle's Institutional Review Board.

# FAQ'S

## Who can receive services?

People seeking outpatient mental health support can receive services at LUCPS. After your intake interview, we will make recommendations for treatment. When possible, we will provide treatment here. If we are unable to do so, we will do our best to provide an appropriate referral that can meet your needs.

## Will my information be confidential?

Yes. Subject to legal disclosure requirements, your information will be kept confidential.

## How long have you been offering services to the community?

We have provided mental health services for over 20 years. LUCPS represents La Salle's mission to serve the community and train future health professionals.

