

Natalie Nutrition

1900 Olney Avenue
Philadelphia, PA 19141

(215) 215-2155
nutrition123@gmail.com

EDUCATION

La Salle University, Philadelphia, PA

Bachelor of Science

Expected May 20XX

Major: **Nutrition**

- Cumulative GPA: **3.21**, Major GPA: **3.33**
- Founders Scholarship Recipient

RELEVANT EXPERIENCE

Abington Hospital- Jefferson Health, Abington, PA

Nutrition Services Associate

August 20XX - Present

- Review patients' dietary requirements and preferences and assists with meal preparation and serving while inspecting special diet trays to ensure they comply with the dietary restrictions.
- Prepare individual dietary menus based on patients' medical conditions, physical health, preferences, and distastes.
- Monitor patients' eating habits and reports any problems with swallowing, chewing, or loss of appetite.

Just Harvest, Pittsburgh, PA

June 20XX- August 20XX

Site Supervisor Intern

- Ordered, received, and distributed healthy meals to low-income children 18 and under
- Facilitated small groups (3-5 children) on the importance of a healthy diet, fruits, vegetables, and whole grains
- Maintained proper food temperatures in accordance with USDA minimum internal temperature and cold storage regulations
- Promoted fresh access of local produce and products to children and their parents

Explorer Shadow Program, Philadelphia, PA

January 20XX

- Shadowed a Retail Dietitian for two days observing their day-to-day tasks and giving in-store tours
- Assisted in the performance of a food demo for high school kids at a local YMCA in the Philadelphia area.

La Salle 8th Annual Community Health Fair, Philadelphia, PA

October 20XX

- Disseminated free health information to community members on the subject of "Eating Healthy On a Budget".

ADDITIONAL EXPERIENCE

General Nutrition Center, Langhorne, PA

Sales Floor Cashier

June 20XX – September 20XX

- Assisted customers with selecting merchandise and purchasing merchandise
- Unloaded shipments and displayed them on shelves

La Salle University, Philadelphia, PA

Food Service Cashier

May 20XX– May 20XX

- Prepared and Stored food by using proper safety precautions
- Cleaned and maintained nearby service areas

LEADERSHIP & ACTIVITIES

Student Member of the American Dietetic Association (ADA)

Fall 20XX-Present

Member of the ADA Dietetic Practice Group: Weight Management

Fall 20XX-Present

Founding member of L.E.A.N. (La Salle Explorers Advocating Nutrition)

Fall 20XX-Present

SKILLS & CERTIFICATIONS

Computer: Microsoft Office, Google Analytics, Qualtrics

Language: Bilingual in English and Spanish

Certifications: CPR, AED-infants, children, adult