

La Salle University School of Nursing and Health Sciences
Plan of Study: BS Health Studies
CURRENT

Fall	Credits	Spring	Credits
FYS 130 or FYS 132 First-Year Academic Seminar (ILO 1.1)	3	NUTR 165 Principles of Nutrition	3
REL 100 Religion Matters	3	ILO 4 Choose course within ILO	3
ENG 110 College Writing 1	3	PHLT 101 Essentials of Public Health	3
CSC 154 Healthcare Informatics	3	HSC 217 Statistics for Health Science Professionals	3
CHM 161 Chemistry of the Life Sciences	4	COM 150 Presentation Skills	3
Total Credits	16		15
Fall		Spring	
BIO 161 Anatomy and Physiology	4	BIO 162 Anatomy and Physiology	4
ENG 210 College Writing II: Research	3	PHLT 301 Theories of Social Behavioral Change in Community Health Education	3
PHLT 319 Epidemiology Health Educators	3	ILO 9.1 Creative and Artistic Expression	3
ILO 11.1 Cultural and Global Awareness and Sensitivity	3	ILO 10.1 Ethical Understanding and Reasoning	3
		Supporting Elective	3
	13		16
Fall		Spring	
PHLT 352 Program Planning and Health Education	3	PHLT 314 Env Health in Urban Community	3
PHLT 265 Public Health Nutrition	3	PHLT 420 Public Health Leadership and Education	3
Supporting Elective	3	PHLT 315 Violence Prevention/Control	3
Supporting Elective	3	PHLT 356 Reproductive Health for Practitioners	3
General Elective	3	Supporting Elective	3
	15		15
Fall		Spring	
PHLT 350 Health Education: Principles/Practice	3	PHLT 408 Research Methods in Public Health	3
PHLT 451 Health of Urban Men	3	General Elective	3
PHLT 489 Race/Ethnicity Public Health	3	General Elective	3
General Elective	3	Supporting Elective	3
Supporting Elective	3	Supporting Elective	3
	15		15

9/17/26